



HOLY FAMILY

HOLY ROSARY MISSION

FATHER INNOCENT SUBIZA, PASTOR



Fifth Sunday in Ordinary Time

Peter Kreeft points out the six stages of life in today's Gospel:

1. **the need, the initial frustration** - in these fishermen catching nothing
2. **the invitation to trust** - to put out into deep water
3. **the positive response** - "but at your command I will lower the nets."
4. **the result of trust** - the miraculous catch of fish
5. **the reaction of humility** - Peter fell at the knees of Jesus
6. **the call to be fishers of men** - evangelism for all Christians

-Peter Kreeft, Food for the Soul

HOW TO MAKE A PLAN FOR LENT

Before Ash Wednesday catches you unawares, make a point of sitting down – at the kitchen table, or at the church – and **give some thought to how you want to spend this Lent.**

There are **three holy practices** which Catholics are called to embrace in penitential seasons such as Lent and Advent. These three practices are **prayer, fasting, and almsgiving.**

When you make your Lenten plan, **choose something specific from each category** – and you're set for a **grace-filled** journey to Easter

1. Prayer: This Lent, try spending at least **fifteen minutes in prayer** a day. If you already do this, make the **Rosary** a daily habit. If you already do that, maybe add a **Divine Mercy chaplet or a Holy Hour** before Jesus in the Blessed Sacrament.

2. Fasting: Maybe pick a **few more days** during Lent to practice the Ash Wednesday/ Good Friday fast. Maybe have **one or two meals** a day on one particular day of the week. Some people manage to do a bread-and-water fast at least once a week. If all this sounds **too overwhelming**, you can simply stick to the requirements of the Church and **do them well - with your whole heart and soul.**

3. Almsgiving: **Pray** about what alms you can give and to who. **Discuss it with Jesus.** "Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver" (2 Corinthians 9:7).

And let us pray for each other!

Holy Family Church

108 Taylor Ave.
Portola, CA 96122

Masses: Saturday 4:30 p.m.
Sunday 8:30 a.m.
Tuesday - Friday 8:30 a.m.

Adoration: Friday 7:30 a.m.

Confession: Saturday 4:00 p.m.
or by appointment

Holy Rosary Mission Church

614 4th. St.
Loyalton, CA 96118

Masses: Sunday 10:30 a.m.
Wednesday 5:30 p.m.

Adoration:

Wednesday 4:30 p.m.

Confession: After Mass or by
appointment

Phone: 530-832-5006

Email:

holyfamilyholynosary@gmail.com

Website:

www.holyfamilyportola.org

Bulletin Submissions

Ida Larrieu

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Lisa Smock

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Website

Check the new parish website! It is being updated regularly, and you will find **mass times, bulletins, special feast days**, and all information about Holy Family and Holy Rosary.

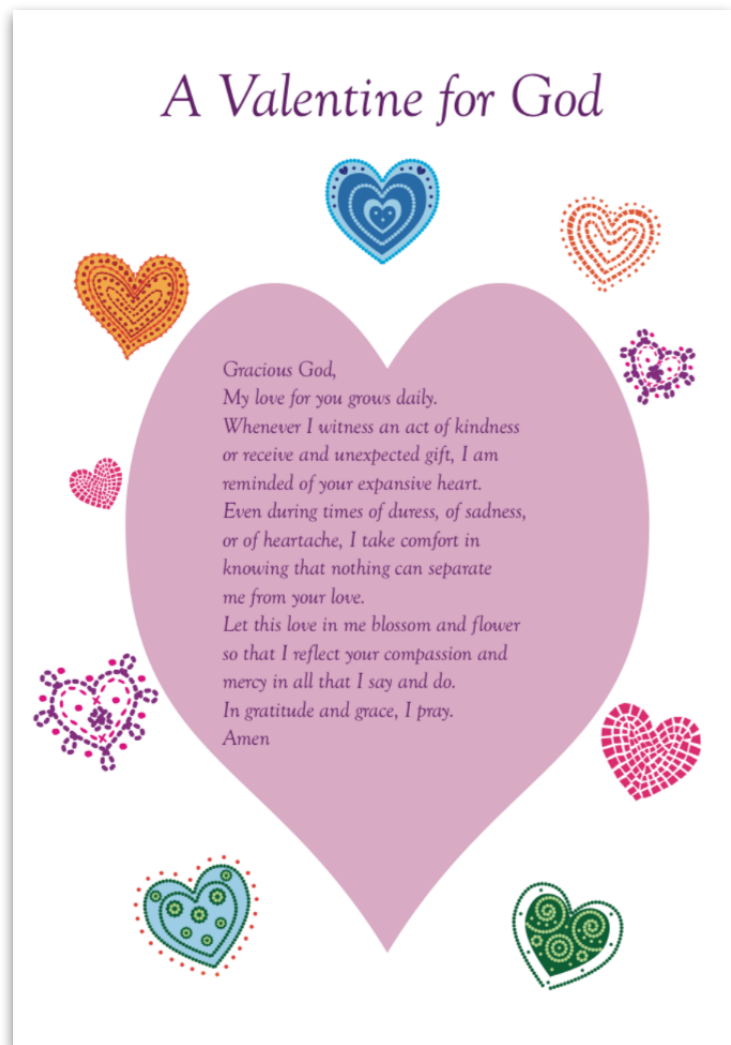
www.holyfamilyportola.org

Send submissions to:

granitebaymom@icloud.com

On the Lighter Side—Some definitions of LOVE

1. The last word in a telegram.
2. An island of emotions entirely surrounded by expenses.
3. The conflict between reflexes and reflection.
4. A season pass on the shuttle between heaven and hell.
5. The greatest thing in the world because it's all-embracing. ~ *Esar's Comic Dictionary for Valentine's Day*



Mass Intentions

Saturday, February 8th.:

4:30 p.m.: Nancy Fregulia+

Sunday, February 9th.:

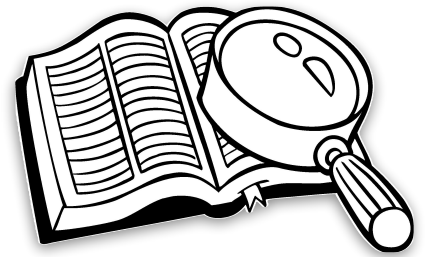
8:30 a.m.: Hazel & Lawrence
Martini+

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Parish Council Chair:

Jim Cavanagh (916) 701-1543 or
jpcboulder@gmail.com

Finance Council Chair:

Jeri Nelson (775) 225-4050 or
jerinelson693@gmail.com



**UPCOMING
EVENTS**



Special Event: Doughnut Sunday, hosted by **CFF students** Sunday, February 23, after 8:30 am Mass, Portola. Please plan to come meet our young parishioners preparing for Confirmation.

Spanish Mass: Saturday, February 15 at 7:00pm.

Community Dinner: Wednesday, February 26, 2025 at 6:00p.m. Holy Family Social Hall

Parish Council meeting: Wednesday February 26, 9:15 am (after Mass).
If there's anything you'd like us to address or have any suggestions call or text me at 916-701-1543 Jame Cavanagh, Chair

Catholic Valentine's Day Cards

To:



*God made You so sweet.
I think it's a sweet treat
Being Your good friend.*

Love,



To:



God loves me,
And I love you.
I think you're
Too good to be true!



Love,

Dear _____



Thank you
for being so
special to me.

Love,



*God made the sun bright.
He made the birds sing sweetly.
He made you caring.*

